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### What we did at school:

**Themes:** Apples and Corn **Art:** Apples and corn coloring activity/review counting numbers.

**Block Center**: Share and interact with peers.

Science Center: Talk about different seasons and explore outdoors.

**Dramatic Play:** Pretend to grow and sell apples and Corn.

Music/Listening Center: Play different genres of music.

> Reminder: Please no talking on cell phones during Drop-off and Pick-Up! And please wear a mask!

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School folders and school bags must come to school daily!

LOOKING AHEAD: Scarecrows Week!

- Thursday October 5, 2023 is Colleen's Birthday
- Monday October 9, 2023 is Professional Development
  (Na Sahaal)

(No School)

- Wednesday October 11, 2023 is National Bring Your Teddy Bear to School Day!
- Sunday October 15, 2023 is Teacher Naomi's Birthday.
- Thursday October 19, 2023 is Team Spirit Day! Bring in a picture of your favorite Team.



## **PEANUT & TREE-NUT FREE ZONE**

Please help in keeping our school safe by not sending any products in that contain, may share, or are processed in a facility that does so. Take all candies out of Lunchable's that have them before sending to school as well.

Please check all snacks that are packed in your child's lunch.

We are finding the following items which are not allowed coming into our center: All these products contain peanuts and tree-nuts: Tastykake, Stauffer Animal Crackers, Lance crackers, Little Debbie, Quaker Chewy, and Snyder's pretzels. Please do not send in any food items from Chick-Fil-A as they are cooked in peanut oils. (No nuts of any kind are allowed for the safety of our children!)



# **Food Allergies**

Peanut allergies are present in 25 percent of allergic kids, making it the No.1 allergy across-the-board. However, if you look only at babies and toddlers, milk allergy rose swiftly to the top of the list. And in the over fourteen age group, shellfish allergy was the most common, as it also is in studies of adult food triggers. The top 9 Food Triggers:

- Peanuts
- Tree-Nuts (e.g., walnut, cashew, pecan)
- Milk
- Shellfish (i.e., shrimp, lobster, crab)
- Fish (i.e., cod, salmon, tuna)
- Eggs
- Soy
- Wheat
- Sesame

## Food Allergy Curriculum/Awareness

In addition to providing a High-Quality Education for our students we have also created a curriculum to support the health and safety of our children who live with life threatening Food Allergies. We pride ourselves on being the first of its kind and will roll out an extensive blueprint to further educate current families and then eventually hold community events to reach a broader audience. Food Allergies are serious and need to be managed to ensure children's health and quality of life. To learn more, visit https://www.justintimeforsavinglives.org/



There is always opportunity within our school's program for our children to explore many activities. Many involve working with a variety of textures, such as working with paint, glue, water, shaving cream, and outdoor play. Sometimes they wear smocks to protect their clothing, however; there are times when a mess can occur. Children should come to school daily to explore and have fun with all these elements mentioned above.

A Peanut & Tree-Nut Free Facility@2010 /Educating young minds...one child at a time!



## School Events October Birthday's

10/05	Colleen
10 15	<b>Teacher Naomi</b>
10/27	Maryam
10/30	Nyla

Holiday's and/or Professional Development

Monday October 09, 2023 Closed for Professional Development.

Friday November 10, 2023 Closed for Professional Development.

#### **Our Teachers**

Dr. Naomi Teacher Charmaine Teacher Saniya Teacher Joie Teacher Janae Our Favorite Books

- The Little Corn Seed
- How Do Apples Grow?
- Ten Red Apples
- Apples

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